



FIRE PREVENTION ASSOCIATION OF NEVADA

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Seniors & Fire: Life-Saving Tips

- Install a smoke alarm on every level of your home. Test smoke alarm batteries every month and change them at least once a year. Consider installing a 10-year lithium battery-powered smoke alarm, which is sealed so it cannot be tampered with or opened.
- The kitchen is a high danger zone for fire, so be extra cautious when cooking. Remember not to leave cooking food unattended and don't wear loose clothing when cooking.
- Never use the range or oven to heat your home.
- Double-check the kitchen to be sure the oven and all small appliances are turned off before going to bed or leaving the house.
- Never smoke in bed. Replace mattresses made prior to the 1973 Federal Mattress Flammability Standard.
- Keep flammable materials, such as drapes and clothing at least 3 feet away from your heater.
- Don't overload electrical outlets.
- Develop and practice a home fire escape plan.
- In case of a fire, crawl or stay low to the ground, beneath the smoke. Get out. Stay out.

Did you know?

- ▶ Eighty-two percent of all fire deaths occur in the home.
- ▶ Americans over the age of 65 are one of the groups at highest risk of dying in a home fire.
- ▶ People age 65 to 75 are twice as likely as the general population; 75 to 85 are three times as likely; and 85+ are four and one-half times as likely to be killed in a house fire.
- ▶ Having a working smoke alarm reduces one's chances of dying in a fire by nearly half.